



General COVID-19 Information Resources 8/2021

NMDOH COVID hotline for general questions: 1-855-600-3453

PLEASE EMAIL ANY NEG OR POSITIVE COVID-19 TEST RESULTS TO :

MHUNT@ANANSI.ACSTAOS.ORG AND BCONIGLIO@ANANSI.ACSTAOS.ORG , school nurse

Testing sites and information:

https://cvprovider.nmhealth.org/directory.html https://www.taoscovidtaskforce.com/

Get Vaccinated: <u>https://goodtimes.vaccinenm.org/stay-ahead-nm/</u>

Important Timeframes:

- INCUBATION of COVID-19: Individuals generally become ill between 2 and 14 days after exposure.
- Within **four hours of the school being notified of a positive case**, the close contacts should be notified by the school of the requirement **to quarantine for 10 days from the last exposure**. Students and staff identified as close contacts are highly encouraged to be tested.
- If you are notified that a household member of a student or staff member is infected with COVID-19, any unvaccinated students or staff members who reside in the same household of this confirmed case must quarantine.
- They should quarantine for **10 days from the last date of contact** with the infected individual or, if continuously exposed, 10 days from the last date on which the infected case is likely to have been infectious (10 days after symptom onset, or 10 days from specimen collection leading to positive test result) and the household members, are encouraged to get tested for COVID-19.
- If the student or staff member provides proof of a negative PCR test result, they may return to school before the full 10 days of isolation. If they decide not to test, they must isolate for the full 10 days.
- If an unvaccinated symptomatic person has had a known exposure to COVID-19, the person should be tested at five days after exposure and must quarantine for the full 10 days regardless of a negative test.
- **Chronic Symptoms:** Students who exhibit chronic, mild non-specific COVID-19 symptoms should have their symptoms assessed either by a school nurse or primary care provider. If there are no changes in symptoms from the baseline state, students would not need to be tested and may participate in school.
- If a student has a change in their baseline state and the student does not get tested, the student **must self-isolate for 10 days and be fever-free without fever reducing medication for 24 hours**and **have improving symptoms** before fore returning to school.



*Close Contact: Someone who:

· Has an exposure of three minutes or longer within six feet of a confirmed

- COVID-19 case with or without a face covering, or
- · Was in the same class or cohort as a confirmed COVID-19 case.
- Was on the same bus as a confirmed COVID-19 case

COVID-19 RESPONSE TOOLKIT FOR NEW MEXICO'S PUBLIC ELEMENTARY SCHOOLS